

NEW (TASTY & HEALTHY) MENU ITEM!



APOLLO ANCIENT GRAIN BOWL (T), SPANISH POWER BOWL (M),
GREEK...TERIYAKI BOWL (B)

POWER GRAIN BOWLS

CHOOSE YOUR PROTEIN

BOILED EGGS V +3 • FALAFEL V +4 • GRILLED CHICKEN +5
GRILLED SALMON +6 • SAUTEED PRAWNS +6 • GRILLED STEAK +7

APOLLO ANCIENT GRAIN BOWL | 12

ANCIENT GRAINS W/OLIVE OIL, LEMON ZEST & TOASTED GARLIC, SERVED W/*ROASTED BEETS & SWEET POTATOES, LIMA BEANS & SHREDDED KALE W/GREEK DRESSING. TOPPED W/CRISPY QUINOA, HARISSA & GREEK YOGURT TAHINI DRESSING

SPANISH POWER BOWL | 12

QUINOA, LENTILS, STEAMED BROCCOLI, BABY LIMA BEANS, FRESH CORN KERNELS, ROASTED BELL PEPPERS & TOASTED GARLIC TOPPED W/AVOCADO CILANTRO LIME DRESSING

GREEK...TERIYAKI BOWL | 12

OOPS, NOT SO GREEK BUT DELICIOUS! RICE PASTA PILAF, SWISS CHEESE, GRILLED PINEAPPLE, RED ONIONS, BROCCOLI & TOMATOES TOPPED W/TERIYAKI SAUCE

QUINOA BOWL | 12

QUINOA, SPINACH, TOMATO, ONION, KALAMATA OLIVES, GARBANZO BEANS & FETA TOSSED W/GREEK VINAIGRETTE ON ROMAINE. SERVED COLD

* SOME VEGETABLES MAY CHANGE SEASONALLY.